

OUR GOD IS ENOUGH TO SATISFY THE THIRSTY SOUL

LESSONS FROM PSALM 62 AND 63

SESSIONS ONE AND TWO

I. THE SATISFIED SOUL PURSUES AN UNSHAKABLE TRUST IN GOD (PSALM 62)

Trust is placing confidence, reliance, and/or belief in a person or object.

A. The Cultivation of an Unshakable Trust in God

1. It Must be Pursued Personally (vv. 1, 5)
My soul
2. It Must be Pursued Patiently (vv. 1, 5; Cf. Psalm 37:7; Lamentations 3:26)
Waits (wait) in silence
3. Must be Pursued Exclusively (cf. Jeremiah 9:23)
For God only
 - a. The sole pursuit for the soul identified (vv. 2, 5, 6; Cf. Proverbs 3:5-6)
 - b. Pseudo pursuits for the soul identified
 - 1b. Trusting in men (Cf. Psalm 118:8-9)
 - 2b. Trusting in money (Cf. 1 Timothy 6:17-19)
 - Money gained illegally (v. 10)
 - Money gained legally (v. 10)
4. It Must be Pursued Continually (v. 8; Cf. Psalm 37:3)
Trust in Him at all times, O people
5. It Must be Pursued Passionately (v. 8)
Pour out your heart before Him

B. The Motivation for an Unshakable Trust in God

1. The Hope God Provides (v.5; Cf. 1 Peter 1:13; Lamentations 3:21ff)
For my hope is from Him

“Hope is a firm and solid expectation of that which will surely come to pass in eternity. True hope stems from the unshakable confidence that God is absolutely faithful to His promises, and therefore all those promises are as sure and certain as God Himself. Hope is a firm anchor for every believer’s soul (Hebrews 6:19).”

John MacArthur

PSALM 62

- 1 My soul waits in silence for God only; From Him is my salvation.
- 2 He only is my rock and my salvation, My stronghold; I shall not be greatly shaken.
- 3 How long will you assail a man, That you may murder him, all of you, Like a leaning wall, like a tottering fence?
- 4 They have counseled only to thrust him down from his high position; They delight in falsehood; They bless with their mouth, But inwardly they curse. Selah.
- 5 My soul, wait in silence for God only, For my hope is from Him.
- 6 He only is my rock and my salvation, My stronghold; I shall not be shaken.
- 7 On God my salvation and my glory rest; The rock of my strength, my refuge is in God.
- 8 Trust in Him at all times, O people; Pour out your heart before Him; God is a refuge for us. Selah.
- 9 Men of low degree are only vanity and men of rank are a lie; In the balances they go up; They are together lighter than breath.
- 10 Do not trust in oppression And do not vainly hope in robbery; If riches increase, do not set your heart upon them.
- 11 Once God has spoken; Twice I have heard this: That power belongs to God;
- 12 And lovingkindness is Yours, O Lord, For You recompense a man according to his work.

2. The Character God Possesses (*Cf. Psalm 9:10*)

a. His character described literally

- He is my salvation (*vv. 1, 2, 6, 7*)
- He is my strength (*v. 7*)
- He is praiseworthy (*v. 7*)
- He is immutable (*v. 11*)
- He is omnipotent (*v. 11*)
- He possesses loving-kindness (*v.12*)
- He is judge (*v. 12*)

b. His character described metaphorically

- He is my rock (*vv. 2, 6, 7; Cf. 2 Samuel 22:2-3*)
- He is my stronghold (*vv. 2, 6; Cf. Psalm 59:16*)
- He is my refuge (*vv. 7, 8; Cf. Psalm 5:11; 46:1; 91:2; Ruth 2:12*)

II. THE SATISFIED SOUL SEEKS GOD (*PSALM 63: 1-2*)

A. David had a Relationship with God (*v.1a*)

1. Addressed God Generally
2. Addressed God Personally

B. David Sought God (*v. 1b-2*)

1. Earnestly
2. Desperately
 - a. Thirsted for Him
 - b. Yearned for Him
3. Continuously
 - a. In the wilderness
 - b. In the sanctuary
 - Beheld God's power
 - Beheld God's glory

PSALM 63

- 1 O God, You are my God; I shall seek You earnestly; My soul thirsts for You, my flesh yearns for You, In a dry and weary land where there is no water.
- 2 Thus I have seen You in the sanctuary, To see Your power and Your glory.
- 3 Because Your lovingkindness is better than life, My lips will praise You.
- 4 So I will bless You as long as I live; I will lift up my hands in Your name.
- 5 My soul is satisfied as with marrow and fatness, And my mouth offers praises with joyful lips.
- 6 When I remember You on my bed, I meditate on You in the night watches,
- 7 For You have been my help, And in the shadow of Your wings I sing for joy.
- 8 My soul clings to You; Your right hand upholds me.
- 9 But those who seek my life to destroy it, Will go into the depths of the earth.
- 10 They will be delivered over to the power of the sword; They will be a prey for foxes.
- 11 But the king will rejoice in God; Everyone who swears by Him will glory, For the mouths of those who speak lies will be stopped.

III. THE SATISFIED SOUL VALUES GOD’S LOVING-KINDNESS (PSALM 63: 3-4)

A. David’s Comparison

B. David’s Praise

IV. THE SATISFIED SOUL DECLARES ITS CONTENTMENT IN GOD (PSALM 63: 5)

A. David’s Comparison

B. David’s Praise

V. THE SATISFIED SOUL REMEMBERS GOD AND FINDS HOPE IN HIM (PSALM 63: 6-7; LAM. 3)

A. David’s Meditation

1. God’s Faithful Help
2. God’s Loving Protection

B. David’s Praise

C. Jeremiah’s Testimony (*Lamentations 3:21-26*)

Hope: Review the John MacArthur definition from our first session and refer to our future session of Ruth for further discussion of “Hope.”

Like Jeremiah, we must recall correct thinking to our minds:

1. Remember the Lord (cf. Rom. 15:13, Ps. 42:5, Jer. 14:22, 1 Pe. 1:3-4)
2. Remember the Lord’s loving-kindnesses (cf. 63:3)
 - a. The basis for renewed hope is God’s covenant love
 - b. The Lord’s loving-kindnesses are plural
 - c. The Lord’s loving-kindnesses never cease
3. Remember the Lord’s compassions
 - a. The Lord’s compassions show God’s gentle concern
 - b. The Lord’s compassions never fail
 - c. The Lord’s compassions are new every morning

d. The Lord's compassions are plural

4. Remember the Lord's great faithfulness (*cf. Heb. 10:23*)

5. Remember that the Lord is your portion

6. Remember that the Lord is good (*cf. Ps. 34:8*)

a. To those who wait for Him (*cf. Ps. 37:7, 62:5*)

b. To those who seek Him

D. Moses' Warning (*Deut. 8:11-20*)

1. The Identification of the Warning

2. The Implications of the Warning

VI. THE SATISFIED SOUL CLINGS TO GOD (*PSALM 63:8*)

A. David's Personal Commitment

B. David's Recognition of God's Support

VII. THE SATISFIED SOUL UNDERSTANDS THAT GOD WILL JUDGE

(*PSALM 63: 9-11*)

A. David's Reflection Upon the Fate of his Enemies (*vv. 9-10*)

B. David's Resolve to Rejoice in God (*v. 11a*)

C. David's Proclamation Regarding Men and Their Relationship to God (*v. 11b*)

1. Those Who Swear by God

2. Those Who Speak Lies

VIII. THE SATISFIED SOUL LIVES A LIFE OF WORSHIP (*PSALM 63: 3-4, 5B, 7B, 11A*)

These acts of worship were highlighted throughout our discussion of Psalm 63 and will not be discussed again, but simply noted collectively here in our outline.

- Praises God with lips (*vv. 3b, 5b*)
- Blesses God (*v. 4a*)
- Lifts up hands (*v. 4b*)
- Sings for joy (*v. 7b*)
- Rejoices in God (*11a*)

DEUTERONOMY 8: 11-20

- 11 Beware that you do not forget the Lord your God by not keeping His commandments and His ordinances and His statutes which I am commanding you today;
- 12 otherwise, when you have eaten and are satisfied, and have built good houses and lived in them,
- 13 and when your herds and your flocks multiply, and your silver and gold multiply, and all that you have multiplies,
- 14 then your heart will become proud and you will forget the Lord your God who brought you out from the land of Egypt, out of the house of slavery.
- 15 He led you through the great and terrible wilderness, with its fiery serpents and scorpions and thirsty ground where there was no water; He brought water for you out of the rock of flint.
- 16 In the wilderness He fed you manna, which your fathers did not know, that He might humble you and that He might test you, to do good for you in the end.
- 17 Otherwise, you may say in your heart, 'My power and the strength of my hand made me this wealth.'
- 18 But you shall remember the Lord your God, for it is He who is giving you power to make wealth, that He may confirm His covenant which He swore to your fathers, as it is this day.
- 19 It shall come about if you ever forget the Lord your God and go after other gods and serve them and worship them, I testify against you today that you will surely perish.
- 20 Like the nations that the Lord makes to perish before you, so you shall perish; because you would not listen to the voice of the Lord your God.

OUR GOD IS ENOUGH TO SATISFY THE THIRSTY SOUL
LESSONS FROM THE BOOK OF RUTH

SESSION THREE

I. R: RUTH FOUND REDEMPTION, REFUGE, AND REWARD IN THE LORD

A. Ruth was Redeemed

“Redemption means liberation because of a payment made. To the believer, the concept has a special significance since the payment was the death of the Lord Himself.” *Basic Theology*

1. Ruth Was Redeemed by God (*Spiritual - 1:16*)
2. Ruth Was Redeemed by Boaz (*Physical - 4:10*)

B. Ruth Sought God’s Refuge (*2:12*)

Refuge refers to a place of safety or protection from enemies. God is often portrayed as a refuge or shelter for humanity most frequently in Psalms. *Harper’s Bible Dictionary*

“Scripture pictures God as catching Israel up on His wings in the Exodus (Ex. 19:4; Dt. 32:11). God is here portrayed as a mother bird sheltering the young and fragile with her wings (cf. Ps. 17:8, 36:7; 91:1,4). Boaz blessed Ruth in light of her newfound commitment to and dependence on the Lord.” *John MacArthur*

C. Ruth Was Rewarded by God (*2:12*)

1. The Reward Came From the Lord
2. The Reward Was Full
3. The Reward Came After Work

II. U: RUTH WAS CHARACTERIZED BY A LIFE OF UNSELFISHNESS

A. Ruth Was Unselfish With Regard to Her Relationship (*i.e., Philippians 2:3*)

1. With Naomi
 - a. Loyal (*1:16*)
 - b. Responsive (*3:1-6*)
2. With Boaz (*2:10, 13-16*)

B. Ruth Was Unselfish with Regard to Her Future Plans (1:8-19; 3:10)

C. Ruth Was Unselfish with Regard to Her Work Ethic (2:2-11)

III **T: RUTH CONSISTENTLY TRUSTED IN GOD'S SOVEREIGNTY**

Ruth Trusted in God's Sovereignty for Her Life (1:5-6; 2:3; throughout the book)

A. Ruth Trusted in God as her Faithful Leader Throughout her Life (2:3, 20)

1. She Trusted God When Things Were Going Well
2. She Trusted God When Things Weren't Going Well

B. Ruth Trusted in God as the Fulfiller of His Divine Plan (4:13-20)

III. **H: RUTH DEMONSTRATED A LIFE OF HUMILITY, HONOR, AND HOPE**

“Humility consists in an attitude wherein we recognize our own insignificance and unworthiness before God and attribute to Him the supreme honor, praise, prerogatives, rights, privileges, worship, devotion, authority, submission, and obedience that He alone deserves. It also involves a natural, habitual tendency to think and behave in a manner that appropriately expresses this attitude. It means having a servant's mind-set and always putting self last.”
Wayne A. Mack

“Humility is honestly assessing ourselves in light of God's holiness and our sinfulness.”
C.J. Mahaney

A. Ruth Honored God and Humbled Herself Before Him (throughout book)

B. Ruth Honored Others and Humbled Herself Before Them (1:16; 2:10; throughout book)

C. Ruth Was Honored by Men, Women, and God (3:11; 4:15)

D. Ruth Had an Unwavering Hope in God (1:16, throughout book)

1. God is the Foundation for Hope (Psalm 33:16-19, 146:5, Romans 15:13, Titus 2:11-14)
2. God Provides Hope to Believers (1 Peter 1:3-4, Hebrews 6:18-19, Titus 1:1-2)
3. God Provides the Means for Believers to Experience Hope (Lamentations 3:21-25, Psalm 42:11, 62:5, Romans 5:1-5, Hebrew 10:23)